



Spa & Wellness

JANTAR HOTEL*** & SPA

Therapeutic massages

BLACK GOLD

BY JANTAR

Original massage based on Kołobrzeg mud
(mud wrap, foot massage,
classic back massage)

60 MIN / 260 PLN

FULL BODY CLASSIC MASSAGE

50 MIN / 240 PLN

PARTIAL CLASSIC MASSAGE

30 MIN / 150 PLN

LYMPHATIC MASSAGE OF SELECTED BODY PARTS

40 MIN / 160 PLN

FOOT MASSAGE

30 MIN / 150 PLN



Relaxation and care massages

Aromatherapeutic whole body massage with warm oil

50 MIN / 230 PLN

Nourishing whole body massage with natural Karité butter

50 MIN / 250 PLN

Massage with coconut oil

50 MIN / 270 PLN

Relaxing whole body massage with warm volcanic stones

60 MIN / 270 PLN

Relaxing partial massage with warm volcanic stones

30 MIN / 170 PLN

Lifting face, neck and décolleté massage

30 MIN / 150 PLN

Kobido Therapy

90 MIN / 360 PLN

Kobido Therapy + Taping

105 MIN / 400 PLN

Whole body peeling as introduction to massage

25 MIN / 150 PLN

Body rituals

AQUA BLUE

Moisturizing ritual which relaxes the senses.
Feel relaxed as during seaside summer holidays
(body peeling, session in SPA capsule, nourishing butter is massaged in).

90 MIN / 280 PLN

STRONG WHISKY & TABACCO


Stimulating and moisturizing ritual for self-confident women and men
(peeling, massage with oil, lotion).


90 MIN / 300 PLN

RICH GOLD

Brightening and luxurious ritual enriched with gold pigment
It smooths and evens out the skin tone.
It's perfect as a banquet treatment (body peeling, massage with oil, lotion).

90 MIN / 320 PLN

 100% natural products

 treatment recommended also to men

Ayurvedic therapy

AYURWEDA CHAMPI

Head, neck and ear massage

30 MIN / 220 PLN

ABHYANGA

Full body massage with warm sesame oil

80 MIN / 350 PLN

Baths

Regenerating mud bath

20 MIN / 130 PLN

SPA capsule seanse

25 MIN / 110 PLN





Natural beauty

MANICURE WITHOUT POLISH

MAX 50 MIN / 100 PLN

MICRO-NEEDLE FRACTIONAL MESOTHERAPY OF THE PALM

45 MIN / 190 PLN

PEDICURE WITHOUT POLISH*

MAX 60 MIN / 130 PLN

DE LUX PEDICURE WITH SCRUB, MASK AND FOOT MASSAGE*

MAX 75 MIN / 180 PLN

NAIL POLISH**

MAX 20 MIN / 30 PLN

HYBRID OR HYBRID POLISH REMOVAL**

MAX 30 MIN / 50 PLN

*IF A FUNGAL SKIN INFECTION IS IDENTIFIED, THE TREATMENT CAN BE CANCELLED.

** THE OFFER IS AVAILABLE ONLY WHEN A MANICURE OR PEDICURE TREATMENT HAS BEEN BOUGHT.



Face treatments

BABOR CALMING

Comprehensive care of sensitive skin

90 MIN / 290 PLN

BABOR MOISTURIZING

Care of dry skin lacking moisture

90 MIN / 310 PLN

BABOR VITALISING

Comprehensive care of tired skin
which requires regeneration

90 MIN / 310 PLN

BABOR PURIFYING

Care of oily and blemished skin

90 MIN / 280 PLN

BABOR COMPLEX C

Vitamin care with algae mask

90 MIN / 320 PLN

BABOR 3D FIRMING

Care of mature skin lacking firmness and elasticity
skin rejuvenation in 3 dimensions

90 MIN / 340 PLN

BABOR BLUE LAGUNE

Care with intensively moisturizing and firming action

90 MIN / 380 PLN

BABOR SKIN RECHARGE TREATMENT

Exclusive, energizing care for all skin types, especially demanding,
stressed-out skin with signs of aging

90 MIN / 400 PLN

CAVITATION PEELING WITH NORMALIZING MASK

50 MIN / 220 PLN

MICRODERMABRASION WITH ALGAE MASK

Face, neck, decolette

60 MIN / 240 PLN

CAVITATION PEELING / MICRODERMABRASION

Accompanying a fully paid treatment

100 PLN

FRACTIONAL MICRONEEDLE MESOTHERAPY

Face, neck, decolette

90 MIN / 420 PLN

Eyebrows or eyelashes henna

40 PLN

Eyebrows styling

30 PLN

Eyebrows styling and henna

55 PLN

Upper lip epilation

40 PLN

Facial hair removal

60 PLN



Rehabilitation treatments

Solux or Bionic lamp

MAX 12 MIN / 33 PLN

Tens currents / Traubert's / Kotz / Interdyn / Diadynamic

MAX 12 MIN / 38 PLN

Individual inhalation

33 PLN

Laser therapy

MAX 12 MIN / 37 PLN

Topical cryotherapy

MAX 4 MIN / 40 PLN

Magnetic therapy

MAX 12 MIN / 33 PLN

Ultrasound

MAX 12 MIN / 33 PLN

Mud wrap – 1 piece

MAX 20 MIN / 38 PLN

BOA compression therapy – legs or hands

MAX 15 MIN / 40 PLN

Rehabilitation

EXERCISES IN A SWIMMING POOL

20 MIN / 30 PLN

PACKAGE 5 TREATMENTS / 120 PLN

Hydrotherapy

WHIRLING MASSAGE OF HANDS OR LEGS

15 MIN / 40 PLN

CO₂ BATH

15 MIN / 70 PLN

HYDROMASSAGE

15 MIN / 80 PLN

BRINE BATH WITH HYDROMASSAGE

15 MIN / 90 PLN

Medical services

ISSUE OF A MEDICAL CERTIFICATE

30 PLN

PHYSIOTHERAPIST CONSULTATION

100 PLN

MEDICAL CONSULTATION

250 PLN





Package is cheaper

WE PROVIDE PHYSIOTHERAPIST CARE FOR EACH PACKAGE.

PACKAGE OF "10" TREATMENTS

10 physical treatments, after consultations with a physiotherapist

320 PLN

PACKAGE OF "15" TREATMENTS

15 physical treatments, after consultations with a physiotherapist

430 PLN



Day spa packages

BEAUTIFUL BODY

- ~ spa capsule seanse,
- ~ nourishing full-body massage with natural Karité butter.

330 PLN

DEEP RELAX

- ~ aromatherpeutic bath with hydromassage,
- ~ relaxing partial massage with warm volcanic stones,
- ~ lifting face, neck and cleavage massage.

360 PLN

BEAUTIFUL SHE

- ~ Babor Complex C - vitamin care with algae mask for each skin type,
- ~ aromatic full body scrub,
- ~ pedicure with polish.

580 PLN



booking

We are encouraging our Guests to book the treatments, thanks to which these will take place in the most convenient time. Our qualified personnel will provide you with any information about the offer and advise on selecting treatment.

visit

Wishing to ensure you with full comfort, we are advising to arrive to the Wellness reception 10 minutes before the planned treatment. If you arrive with delay, the treatment may be shortened without the price being lowered.

clothing

Please come to our wellness in the bathrobe. In case of Guests from outside the hotel, our Wellness Reception will give you the bathrobe and any necessary information on preparation to the treatment. We advise to come to the Jantar Wellness without jewellery or valuables. Otherwise, you will be asked to take off your jewellery before the treatment. The Jantar Wellness may not be held responsible for jewellery left in the parlour or the cloakroom. The Jantar Wellness is a silence zone. Caring for your relaxation, we kindly ask you not to bring your mobile phones to the treatment or to turn them off before it.

cancellation

We understand that plans can change, so there is a possibility of cancellation your treatment up to 12 hours before the planned treatment without any costs. In case of cancellation the treatment 4 hours before the planned visit, Jantar Wellness reserves the right to encumber Guest with 40% of the treatment cost. If the cancellation takes place less than 4 hours before the planned treatment, Jantar Wellness reserves the right to charge Guest with 70% of the treatment cost. In case of the treatment not being cancelled, Jantar Wellness reserves the right to charge Guest with 70% of the treatment cost, which will be added to the hotel bill.

home wellness

To prolong and complete the beauty care effect, we are offering the possibility of buying products, thanks to which you will be able to continue the Wellness therapy at home.

Rafińskiego 12 , 78-100 Kołobrzeg
repcjaspa@jantarspa.pl

Treatments booking:
(+48) 94 352 22 59 / (+48) 663 212 215

From room dial:
491



Foot reflexology

Learn about the benefits of therapeutic massage stimulating certain points and zones of the feet. According to the Traditional Chinese Medicine, each reflex point in the feet corresponds to a specific organ, system or gland in the body. Reflexology regulates the work of internal organs and metabolism, improves sleep quality, strengthens the immunological system, soothes headaches, and brings numerous other positive effects.



Foot or face reflexology

30 MIN / 160 PLN

Package Foot and face reflexology

60 MIN / 260 PLN