

AURUM

SPA & WELLNESS

Effective
and mindful
face care that
integrates
modern
biotechnology
and wellbeing



HYDRA CALM - LIRA CLINICAL

An intensive therapeutic treatment that restores the hydrolipid balance, elasticity, and natural radiance of the skin. It soothes, regenerates, and visibly improves the condition of tired, dehydrated, and couperose skin.

Active ingredients: stem cells from the Swiss apple tree, mastiha, hyaluronic acid, colloidal gold, and colloidal silver.

60 min | 430 pln

HYDRA MINERAL FACIAL - THALION

A mineral treatment based on marine technology and a relaxing massage. It intensely hydrates, revitalises and restores skin radiance. The wealth of 112 marine-derived trace elements helps to reduce signs of fatigue and soothe irritated skin.

Active ingredients: thalaso oligo, aqua chrono, marine minerals.

60 min | 400 pln

TOX CO2 - CELLDICH

An innovative non-invasive carboxytherapy treatment, based on biostimulation therapy, which supports skin regeneration and restores its healthy appearance and natural radiance. By utilising the Bohr effect, it intensely oxygenates the skin, improves firmness and helps to reduce the appearance of pores and imperfections. Particularly recommended for dull, tired skin with discolouration and visible loss of elasticity.

50 min | 400 pln

GLOWLIFT - DERMAQUEST

An exclusive lifting treatment that smooths out wrinkles and provides an instant glow. It restores the radiance of the skin, improves its elasticity and firmness, and, thanks to its mandelic acid content, helps to reduce discolouration and even out skin tone. Particularly recommended for dull skin that lacks firmness and signs of freshness.

Active ingredients: mandelic acid, hibiscus extract, plant stem cells, vitamin C.

60 min | 400 pln

MANGO PEEL - DERMAQUEST

An enzyme-chemical peel designed for skin showing signs of ageing, as well as sensitive and couperose skin. The formula, based on mango pulp – rich in vitamin C and mangiferin, which has anti-inflammatory properties – helps to improve skin tone and brighten the complexion. The treatment is also effective for hyperpigmentation and uneven skin tone.

Active ingredients: mango pulp, lactic acid, glycolic acid, biomimetic peptides.

60 min | 390 pln

BIOMIMETIC PEPTIDE PEEL - DERMAQUEST

An intensive lifting scrub that smooths out wrinkles and promotes collagen synthesis. Called an alternative to botulinum toxin due to its powerful smoothing effect. Thanks to the neuropeptide argireline and a combination of amino acids, it also works in the deeper layers of the skin, ensuring a long-lasting effect. Recommended for skin showing a visible loss of firmness and elasticity, and with wrinkles.

Active ingredients: lactic acid, glycolic acid, resveratrol, argireline, matrixyl.

60 min | 390 pln

PUMPKIN THERAPY TREATMENT - DERMAQUEST

A balancing routine with purifying and sebum-regulating properties, which helps to reduce seborrhoea and inflammation. It smooths out bumps, minimises the appearance of pores and helps to improve the condition of problem skin. The formula, based on pumpkin pulp rich in beta-carotene, supports skin renewal and helps to even out its texture. The treatment is recommended for acne-prone skin, skin with enlarged pores and post-inflammatory hyperpigmentation.

Active ingredients: niacinamide, vitamins C, B1, B2, B6, PP and K, mandelic acid, salicylic acid, nordihydroguaiaretic acid.

50 min | 380 pln

CBD - DERMAQUEST

A holistic regenerating treatment that moisturises, improves skin tone, supports the skin's natural defences and restores its comfort. It has anti-inflammatory and anti-ageing properties, and a relaxing massage with CBD, almond oil and watermelon and kiwi extracts completes the treatment. Recommended for skin that is allergic, atopic, dehydrated or sensitised by chemotherapy or radiotherapy.

Active ingredients: lipophilic form of vitamin C, alpha-lipoic acid, stem cells, cannabidiol.

50 min | 300 pln

FOR MEN – THALION

A treatment dedicated to men's skin in need of soothing and relaxation. It has a detoxifying effect, cleanses and revitalises, restoring a healthy skin tone.

Active ingredients: marine minerals, Scutellaria baicalensis, ammonium.

60 min | 390 pln

ROSE RADIANCE TREATMENT – LA SULTANE DE SABA

A relaxing and aromatherapeutic face care ritual featuring a massage with fine rose oil soothes the senses and restores the hydrolipid balance of the skin.

50 min | 360 pln



NANO-NEEDLE MESOTHERAPY

NANOFRAX – DERMOMEDICA

A painless, minimally invasive method of delivering active ingredients into the epidermis via nano-injection, which does not cause inflammation. It revitalises, intensely moisturises, lightens discolouration and helps to restore the hydrolipid barrier of the skin. It also allows for precise treatment of delicate areas, such as the lip vermillion and the area around the eyelids.

60 min | 490 pln

MICRONEEDLE MESOTHERAPY

NANOFRAX – DERMOMEDICA

A method of microinjecting active substances via fractional micro-needling of the skin, which induces a controlled inflammatory response. It stimulates regenerative processes, supports the remodelling of connective tissue and, when combined with carefully selected ampoules, helps to rejuvenate the skin and lighten discolouration.

60 min | 490 pln

NEEDLE MESOTHERAPY

This treatment helps to slow down the ageing process of the skin and utilises substances with revitalising and moisturising properties. It visibly reduces wrinkles and counteracts the loss of skin density.

660 pln

KOBIDO

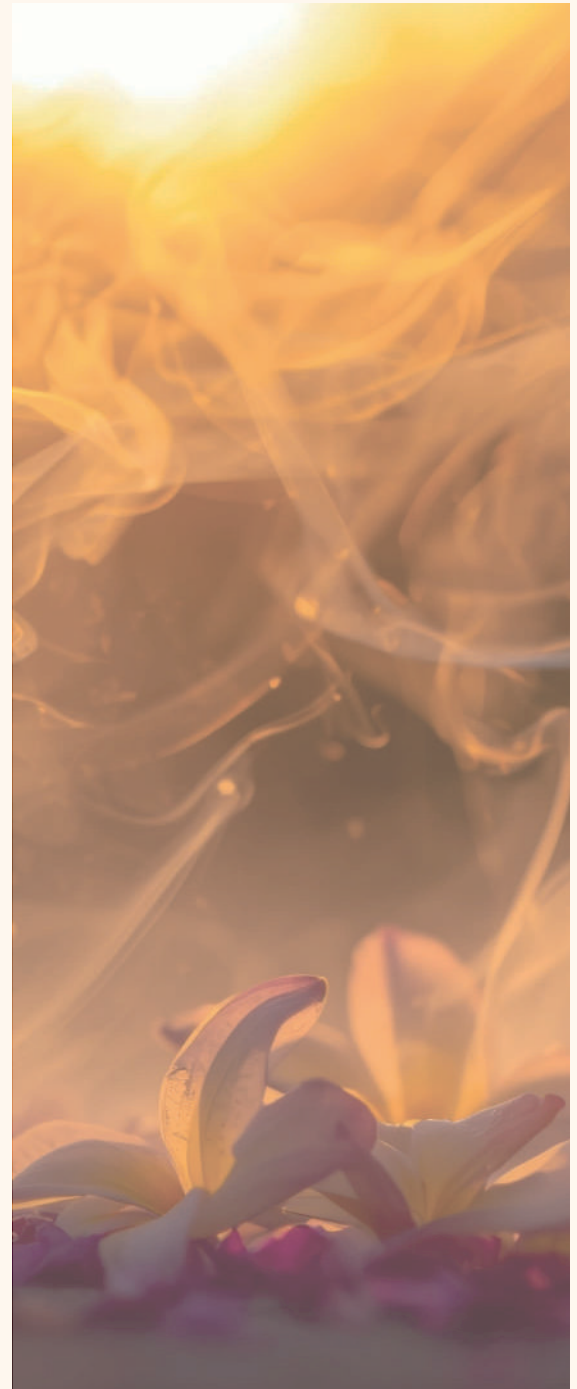
A face massage technique originating from Japanese tradition, often referred to as a non-surgical facelift. Carefully selected manual techniques improve skin tightness, sculpt the facial contours and provide deep relaxation.

60 min | 370 pln

KORUGI

A Korean deep face massage with an intense sculpting and relaxing effect. It reduces puffiness, relieves muscle tension and visibly improves the contours of the face by strongly stimulating its deep structures.

60 min | 390 pln





HYDROGEN CLEANSING

A treatment recommended for skin imperfections. It deeply cleanses, oxygenates and soothes inflammation.

40 min | 270 pln | add-on to another treatment 70 pln

CAVITATION PEEL

A gentle yet deep cleansing of the skin; the treatment removes dead skin cells and excess sebum.

40 min | 260 pln | add-on to another treatment 70 pln

OXYGEN INFUSION

This method uses oxygen therapy and delivers active ingredients deep into the skin without damaging the epidermis.

40 min | 270 pln | add-on to another treatment 70 pln

LED LIGHT THERAPY - DERMOMEDICA

A modern treatment that stimulates the natural regenerative processes of the skin. It has anti-ageing and anti-acne properties, and helps to brighten the skin and improve its complexion.

20 min | 150 pln | add-on to another treatment 50 zł





Manicure / Pedicure

MANICURE

150 pln

MANICURE WITH NAIL POLISH OR NAIL CONDITIONER

190 pln

MANICURE WITH HYBRID NAIL POLISH

200 pln

JAPANESE MANICURE

190 pln

REMOVAL OF HYBRID NAIL POLISH

40 pln

PEDICURE

190 pln

PEDICURE WITH NAIL POLISH OR NAIL CONDITIONER

220 pln

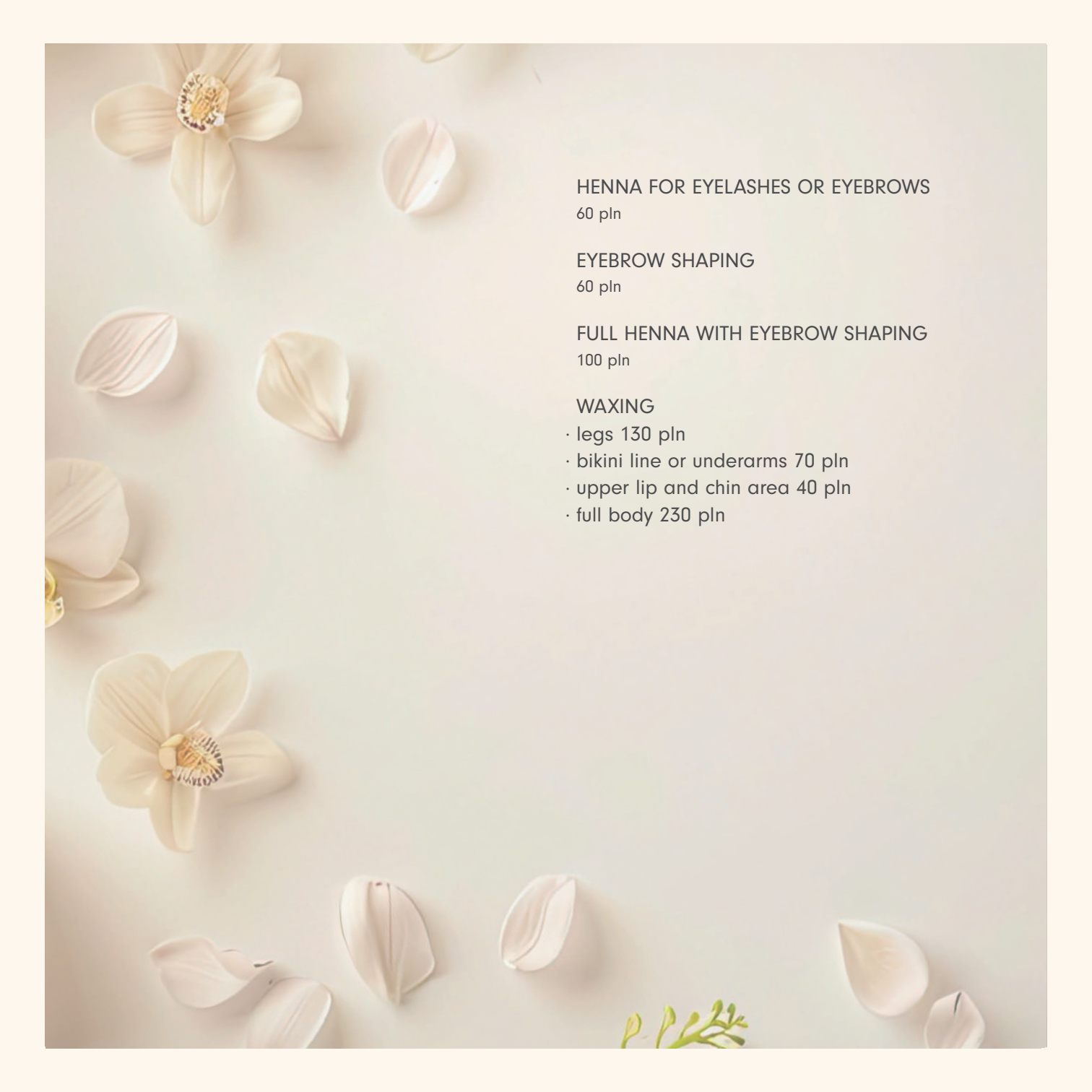
PEDICURE WITH HYBRID NAIL POLISH

240 pln

PODIATRIC PEDICURE

from 250 pln up to 350 pln





HENNA FOR EYELASHES OR EYEBROWS

60 pln

EYEBROW SHAPING

60 pln

FULL HENNA WITH EYEBROW SHAPING

100 pln

WAXING

- legs 130 pln
- bikini line or underarms 70 pln
- upper lip and chin area 40 pln
- full body 230 pln

Essence of relaxation and well-being

HAMMAM – LA SULTANE DE SABA

An oriental ritual that deeply cleanses and moisturises the body, helping to calm the mind and soothe the senses. The ceremony consists of cleansing the body with black soap and a Kessa glove, a foam massage and mineral treatment with Rassoul clay, followed by a Signature massage with oil infused with notes of sandalwood and vanilla.

90 min | 400 pln

THE SACRED TREE CEREMONY – SANDALWOOD OF THE ORIENT – LA SULTANE DE SABA

With deep notes of ambergris, musk and sandalwood, this treatment induces a state of relaxation, tranquillity and harmony, combining a purification ritual, a compress to restore the comfort of the skin, and a full-body massage to relieve tension.

90 min | 400 pln

JOURNEY TO THE TAJ PALACE – THE RITUAL OF ABSOLUTE HARMONY – LA SULTANE DE SABA

A sensual ritual inspired by the wealth of the Orient and the tranquillity of Indian palaces. The journey begins with a silk protein scrub, infused with musk, incense and rose, which smooths the skin and restores its radiance. A body mask deeply moisturises and rejuvenates the body, whilst the ritual is rounded off with a yoga massage. The Taj Palace is a ritual celebrating sensuality and the art of mindful touch.

90 min | 400 pln

MATCHA DETOX – LA SULTANE DE SABA

A unique treatment inspired by Asian rituals for purifying the body. Thanks to the combination of green tea and ginger, the treatment effectively aids the removal of toxins from the body. A drainage massage using aromatic oil induces a state of relaxation whilst boosting energy and leaving you feeling refreshed.

90 min | 400 pln - peeling, wrap, massage

40 min | 250 pln - peeling, wrap





ROYAL ROSE RITUAL LA SULTANE DE SABA

The Damask rose is a symbol of feminine harmony and regeneration. During the treatment, the scent of the rose envelops you like a mist, blending with a soothing touch and sensorial textures that restore a silky radiance and a sense of calm to the skin. It is a ritual that brings deep mental and physical relaxation, as if the skin were being caressed by rose petals; a treatment that awakens the senses, leaving a feeling of luxurious softness and relaxation.

120 min | 600 pln - peeling, wrap,
massage and facial treatment

90 min | 400 pln - peeling, wrap,
massage

60 min | 320 pln - peeling and massage

BODY BALANCE

A skincare ceremony comprising anti-swelling and smoothing body brushing with natural agave fibres, followed by a relaxing and deeply moisturising massage with aromatic shea butter.

60 min | 300 pln

Mineral therapies - Thalion

The richness of the natural marine environment lies at the heart of our treatments, which replenish the body's deficiencies in essential elements such as magnesium and calcium. A unique, health-promoting approach that restores the mineral balance in the body. It is a combination of highly concentrated marine ingredients and holistic treatments that promote health, wellbeing and beauty.

Marine calcium - particularly recommended for older people, adolescents going through puberty, and those with osteoporosis, dry skin, eczema, poor circulation, brittle nails, cataracts, as well as sleep disorders and issues with weight loss.

Marine magnesium - supports the nervous system, helps relieve muscle tension and cramps, and regulates metabolism. Recommended for older people, athletes, those exposed to stress and pregnant women.

MAGNESIUM THERAPY

A holistic treatment including exfoliating scrub, massage and wrap.

90 min | 400 pln

MAGNESIUM MASSAGE

50 min | 310 pln

MAGNESIUM BATH

25 min | 220 pln

CALCIUM THERAPY

A holistic treatment including exfoliating scrub, massage and wrap.

90 min | 400 pln

CALCIUM MASSAGE

50 min | 310 pln

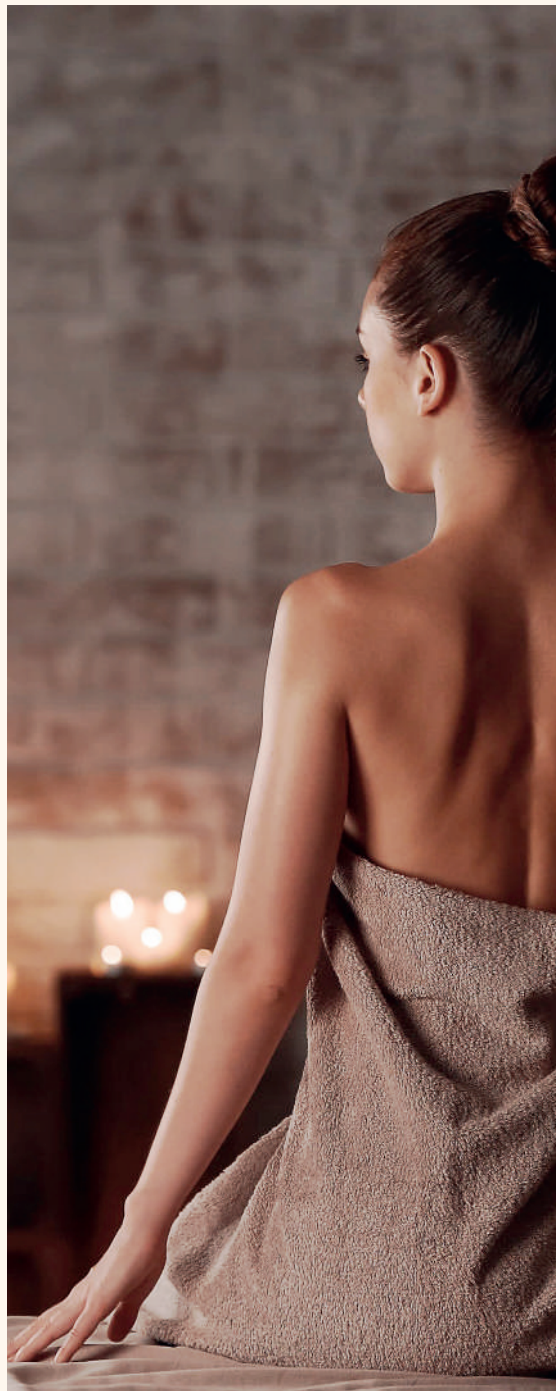
CALCIUM BATH

25 min | 220 pln

MAGNESIUM WRAP

20 min | 50 pln - partial

25 min | 100 pln - full-body



THAI MASSAGE

An ancient, intensive form of physical therapy combining acupressure, deep stretching and passive yoga. The therapist unblocks the flow of energy (meridians), reducing muscle tension and improving flexibility and range of motion. It supports the nervous and digestive systems.

90 min | 400 pln - full-body

50 min | 350 pln - partial

CLASSIC BODY MASSAGE

An intensive massage with medicinal properties which reduces muscle tension.

50 min | 300 pln

CLASSIC BODY MASSAGE, PARTIAL

25 min | 200 pln

MYOFASCIAL THERAPY

Effectively relaxes muscle tissue and fascia, helping to reduce tension and providing long-lasting relief from a range of pain-related conditions.

50 min | 360 pln

LYMPHATIC DRAINAGE

Manual anti-oedema therapy.

50 min | 280 pln

SIGNATURE LA SULTANE DE SABA

A full-body massage induces a state of deep relaxation and calm in both body and mind. During the massage, the body is enveloped in a blend of organic shea butter and a selected essential oil inspired by journeys to various corners of the world.

Ayurvedique – exotic and deep notes of sandalwood and vanilla

Amber Musk Sandalwood - warm and enveloping notes of amber and sandalwood

Taj Palace – sensual scents of incense and musk, with vanilla accords blended with a hint of patchouli and rose

Malaisie - notes of tropical flowers, jasmine and fruit exude joy and bring a sense of lightness and vitality.

50 min | 290 pln

YOGA MASSAGE LA SULTANE DE SABA

It gently stretches the body, relieving tension and stress, and combines yoga poses with breathing techniques and the benefits of therapeutic touch. Made with a blend of organic shea butter and selected essential oils.

Ayurvedique – exotic and deep notes of sandalwood and vanilla

Amber Musk Sandalwood - warm and enveloping notes of amber and sandalwood

Taj Palace – sensual scents of incense and musk, with vanilla accords blended with a hint of patchouli and rose

Malaisie - notes of tropical flowers, jasmine and fruit exude joy and bring a sense of lightness and vitality.

60 min | 310 pln

RATNAABHYANGA - MASSAGE WITH WARM SEMI-PRECIOUS STONES

A warming therapy that improves the flow of energy. Your body is enveloped in the pleasant warmth and healing energy of the stones, guiding you deep into nature for a healthier, more harmonious and vibrant life. This massage technique uses jasper, amethyst, lapis lazuli, tiger's eye and rock crystal.

60 min | 310 pln



AYURWEDA ABHYANGA

A gentle energetic massage restores balance on a physical, mental and spiritual level. It induces a state of complete relaxation and harmony. The treatment features notes of sandalwood and vanilla.

90 min | 390 pln

AYURWEDA VITAL

Deep relaxation for the head, face, hands and feet. A reflexology treatment with a hair oil treatment.

50 min | 290 pln

LOMI LOMI

An energetic massage technique that brings together the traditions of the Hawaiian islands with a profound spiritual experience. It is a blend of shiatsu massage, gentle movements and deep touch.

70 min | 500 pln

FIRE CUPPING MASSAGE

A method derived from Chinese medicine. It relaxes muscles and relieves fascial tension, boosts the immune system and aids the elimination of toxins.

30 min | 190 pln

FIRE MASSAGE

This Tibetan heat therapy has a beneficial effect on the muscular system, helps you relax and aids the recovery of the body.

50 min | 300 pln

MASSAGE FOR PREGNANT AND BREASTFEEDING WOMEN

Involves gentle muscle relaxation and body care using ecological sweet almond oil or organic shea butter.

50 min | 290 pln

AROMATIC BATH FOR COUPLES

25 min | 200 pln





Body Contouring

MADEROTHERAPY

A particularly effective body-contouring treatment with firming, anti-cellulite and lymphatic drainage benefits. It sculpts the figure using wooden, anatomically designed tools.

Abdomen - 50 min | 300 pln

Legs and buttocks - 60 min | 350 pln

**Abdomen, legs
and buttocks** - 80 min | 390 pln

VACUM SLIM 48

An innovative anti-cellulite and slimming method. The treatment effectively helps to eliminate accumulated fat deposits and delivers long-term results.

- cellulite reduction
- body contouring (reduction in circumference)
- detoxification, releases the body from accumulated fluids and toxins.

50 min | 300 pln

SPA for the youngest

**We welcome children aged 6 and over,
accompanied by their parents,
for our treatments**

TIME FOR SOME COLOUR

nail painting.

40 pln

CHOCOLATE BACK MASSAGE

15 min | 110 pln

FRUIT BACK MASSAGE

15 min | 110 pln

TIME SPENT TOGETHER

An aromatic massage for both a parent and a child.

15 min | 200 pln

A RAY OF SUNSHINE

face mask.

20 min | 110 pln

Physical Therapies

MUD BODY WRAP

20 min | 50 pln

LASER

30 pln

SOLLUX LAMP

30 pln

LOCAL CRYOTHERAPY

30 pln

TENS CURRENT

30 pln

MAGNETIC FIELD

30 pln

BOA PRESSOTHERAPY

25 min | 90 pln



Rules and Regulations

Cancellation – We understand that plans can change, which is why you may cancel your booking for a treatment up to 12 hours before the scheduled appointment at no charge. If you cancel the treatment less than 12 hours before your appointment, we reserve the right to charge 50% of the treatment cost to your hotel bill.

Please enter the **Wellness** zone wearing a bathrobe and without jewellery or mobile phones; otherwise, you will be asked to remove your jewellery and switch off your mobile phone.

Aurum SPA & Wellness is a place of tranquillity and relaxation. We assume no liability for valuables left in the treatment room or changing room. We reserve the right to decline to perform a treatment if the therapist considers a guest's behaviour to be inappropriate or offensive, such as aggression or sexual advances; in such cases, the guest will be charged 100% of the treatment cost.

The therapist has the right to refuse to perform the treatment if they suspect there are contraindications. We do not perform treatments on people under the influence of alcohol or psychoactive substances.

Should you arrive late for your appointment, the duration of the treatment will be reduced. However, should the treatment be delayed by **Aurum SPA & Wellness**, it will be provided in full. Guests are required to inform the therapist immediately whenever they experience any discomfort or feel unwell. If you

fail to inform the therapist and the Wellness reception desk immediately after the treatment of any irregularities in the therapist's conduct or the performance of the treatment, the service will be deemed to have been performed correctly.

Ignorance of the Rules and Regulations does not exempt you from the obligation to observe them.



Aurum SPA & Wellness

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Internal phone number from the room - 900

Sunday - Thursday
9:00 - 20:00

Friday - Saturday
9:00 - 21:00