

SAND
SPA

Menu

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Massages

THE POWER OF CLASSICS

A classic massage with a relaxing and regenerative effect. Helps reduce muscle tension, relieves pain, and supports physical fitness. Recommended for physical fatigue and stress.

50 min. | 270 PLN 25 min. | 180 PLN

THE SECRET OF RELAXATION

A relaxation massage based on smooth, flowing movements. Brings relief from physical and mental fatigue, reduces muscle tension, improves skin appearance, and supports stress reduction.

50 min. | 250 PLN 25 min. | 160 PLN



KARITE WRAP

A relaxing massage with natural Karite (Shea) butter, rich in vitamins A and E. It nourishes the skin, protects against free radicals, and slows the aging process.

50 min. | 260 PLN 25 min. | 170 PLN



CHOCOLATE CALM

A massage with warm, natural chocolate. It supports the production of endorphins (happiness hormones), improving your mood. The richness of antioxidants and minerals has a beneficial effect on the skin.

60 min. | 280 PLN

FIRE OF THE EARTH

A massage with warm basalt stones, combining the effect of heat with manual massage techniques. Exceptionally pleasant and deeply relaxing.

50 min. | 280 PLN 30 min. | 180 PLN

FOOT RITUAL

A foot massage incorporating elements of reflexology. It relieves tension and supports the body's natural balance.

30 min. | 160 PLN

SAND SPA MASSAGE

A back and foot massage, preceded by a warm mud wrap for the back. Recommended for back pain - it relaxes the muscles and brings relief from pain.

50 min. | 290 PLN



HARMONY MASSAGE

A gentle head, neck, and shoulder massage. It relieves tension, soothes headaches, and reduces stress.

30 min. | 160 PLN



Far East Massages

ABHYANGA

An Ayurvedic full-body massage using warm sesame oil. It calms the mind, releases tension, and promotes harmony of body, mind, and spirit.

90 min. | 380 PLN

VITAL

A back, leg, and arm massage designed for overworked and tired individuals. It relieves the feeling of heaviness in the legs and eases tension caused by remaining in one position for a long time.

50 min. | 270 PLN

UDVARTHANA

A detoxifying massage using powdered herbs and sesame oil. It smooths the skin, stimulates circulation, supports the elimination of toxins, and helps reduce cellulite.

60 min. | 290 PLN

SHIRODARA

A ritual consisting of pouring a continuous stream of warm sesame oil on the forehead, combined with a head massage. It calms the nervous system, improves concentration, and induces a state of deep relaxation.

50 min. | 320 PLN

ORIENTAL

An intense full-body massage focused on particularly tense areas. Stretching, pressure, and special deep-tissue techniques improve muscle and joint mobility.

60 min. | 300 PLN

THAI FOOT MASSAGE

Reduces muscle tension in the feet and legs; eliminates feelings of heaviness, fatigue, and swelling.

50 min. | 250 PLN



BODY SCRUB

A full-body scrub followed by the application of a nourishing balm.

Choose from:

- salt scrub
- sugar scrub

30 min. | 130 PLN

ADD-ON TO ANY MASSAGE - 30 min. | 100 PLN

COCONUT RITUAL

A sensual ritual combining a full-body scrub with a relaxing massage using warm coconut oil and a tropical-scented balm. It smoothes the skin, relaxes the mind, and induces a state of deep relaxation.

70 min. | 340 PLN

ROYAL RITUAL

A beauty and relaxation ritual combining a scrub with a full-body and head massage. Performed using nourishing, natural aromatherapy oils.

70 min. | 320 PLN

FUOCO PLUS

An intensely warming anti-cellulite treatment aimed at reducing fatty tissue. It smoothes the skin, improves firmness, and enhances the condition of selected body parts: abdomen, thighs, buttocks, and arms.

75 min. | 380 PLN

RICH GOLD

A scrub and massage using a nourishing butter with gold particles. The evening aroma and rich formula leave the skin smooth, radiant, and glowing.

50 min. | 270 PLN



BODY MASK

A raspberry peeling mask and butter with raspberry extract to intensively nourish, smooth, and deeply moisturize the skin. The treatment is complemented by a relaxing head, neck, and nape massage.

50 min. | 280 PLN





Arosha Body Shaping Bandages

DETOXIFYING DETOXY

A detoxifying treatment that exfoliates the epidermis, stimulates microcirculation, and supports detoxification, improving the skin's structure and restoring its glow.

70 min | 370 PLN

DRAINING NIO DRAIN

A lymphatic drainage treatment that promotes the elimination of toxins and excess fluids, reducing swelling and cellulite.

60 min | 350 PLN

ANTI-CELLULITE FIBROCELL

A treatment for advanced cellulite that slims the figure, reduces the "orange peel" appearance, and improves skin structure.

60 min | 350 PLN

SLIMMING LIPOFIT

A treatment that targets fat tissue in the abdomen and hip area, improving microcirculation and supporting the slimming process.

50 min | 320 PLN



Spa for Two

KARITE WRAP

A full-body massage using Karite (Shea) butter.

50 min. | 490 PLN 70 min. | 530 PLN

RICH GOLD

A scrub and body massage using butter with gold particles.

50 min. | 510 PLN

ROYAL RITUAL

A scrub, full-body massage, and head massage.

70 min. | 590 PLN



Facial Treatments

KOBIDO

An intensely lifting facial massage that works on the deep muscles and fascia. It eliminates signs of fatigue and stress, combats the signs of aging, and improves skin firmness and elasticity. Brings relief from tension in the jaw, face, and neck.

60 min. | 320 PLN



TOUCH OF BEAUTY

A face, neck, and décolleté massage. It relaxes muscle tension, softens facial features, and gives the face a rested, radiant look.

30 min. | 160 PLN

COLLAGEN BOOSTER

BRUNO VASSARI

A luxurious anti-aging treatment for mature skin. It stimulates collagen production, improving skin firmness and elasticity, reducing wrinkles, and regenerating the skin.

60 min. | 430 PLN



HYALURON BOOSTER

BRUNO VASSARI

A deeply moisturizing treatment with hyaluronic acid that provides long-lasting skin hydration. An innovative combination of minerals, microelements, and alpha-lipoic acid has a rejuvenating effect, restoring the skin's elasticity.

60 min. | 350 PLN

PROBIOTIC

BRUNO VASSARI

A treatment with probiotics and prebiotics that soothes irritation and redness.

An active vitamin cocktail moisturizes, leaving the skin supple and radiant.

50 min. | 360 PLN

RADIANCE BOOSTER

BRUNO VASSARI

A brightening, illuminating, and antioxidant treatment based on alpha-hydroxy acids (AHA). It improves skin tone and gives it a natural glow.

60 min. | 330 PLN

REPAGEN EXCLUSIVE

KLAPP

An intensive anti-aging treatment for mature skin that lacks firmness and radiance. It is based on the Repagen complex with ASC III, hyaluronic acid, retinol, and DMAE, which has a lifting effect and stimulates regenerative processes. The skin becomes smoother and more hydrated, while wrinkles and furrows become less visible. Skin tone is evened out.

80 min. | 480 PLN

STRI PEXAN

KLAPP

A protective and moisturizing treatment for all skin types, especially dehydrated skin with the first signs of aging. Apple stem cells, Vitamin C, hyaluronic acid, ectoine, Matrixyl, and squalene protect the skin from loss of elasticity and the negative impact of external factors.

60 min. | 380 PLN

PURE C

KLAPP

A treatment for all skin types, especially dehydrated skin with the first signs of aging. Apple stem cells, Vitamin C, hyaluronic acid, and Matrixyl protect the skin, support hydration, and delay the aging process.

60 min. | 350 PLN





Facial Treatments

HYDRA

KLAPP

An intensely moisturizing treatment with a triple effect for long-lasting moisture retention. A light formula, ideal for warmer days. Suitable for all skin types – including men.

50 min. | 340 PLN

MASK LAB

KLAPP

A fundamental treatment tailored to your skin's needs – it nourishes, regulates sebum, and reduces the first signs of aging. The treatment includes: makeup removal, scrub, ampoule massage, mask, and cream.

50 min. | 270 PLN



MASK LAB EKSPRESS

A customized skincare treatment. Includes makeup removal, scrub, mask, and finishing cream.

30 min. | 170 PLN

FOR MEN TREATMENT

A treatment developed specifically for the demanding skin of men. It comprehensively cleanses, nourishes, and restores comfort.

50 min. | 320 PLN

COMPLEMENTARY CARE FOR FACIALS

Chi Yang – Hand Care: a ritual with a scrub and mask | 50 PLN

Advanced Cosmetic Treatments



CAVITATION PEELING

Gently removes dead skin cells, oxygenates, and stimulates the skin's regeneration. An ampoule and algae mask are applied to the cleansed skin.

As a standalone treatment	45 min. 220 PLN
As an add-on to another treatment	60 PLN

SKINSHOOTER

Needle-free mesotherapy based on electroporation technology. It allows an individually selected serum to be delivered into the deeper layers of the skin. The treatment tones muscles, stimulates lymphatic circulation, improves skin tension, and smooths fine wrinkles.

50 min. | 360 PLN



Eye Treatments

EYEBROW HENNA & SHAPING

up to 30 min. | 59 PLN

EYEBROW SHAPING

up to 20 min. | 39 PLN

EYELASH HENNA

up to 20 min. | 39 PLN

COMPLETE EYE - LASH & BROW HENNA WITH SHAPING

up to 35 min. | 79 PLN

Manicure

MANICURE

Nail and cuticle care.

50 min. | 110 PLN

MANICURE DELUX

Nail and cuticle care, followed by a scrub and mask.

60 min. | 130 PLN



Pedicure

PEDICURE

Toenail and foot sole care.

60 min. | 130 PLN

PEDICURE DELUX

Toenail and foot sole care,
followed by a scrub and mask.

70 min. | 150 PLN

PEDICURE MAVEX CALLUSPEELING

A gentle procedure that removes
calloused skin, restoring smoothness
and softness - without the use
of an electric file.

30 min. | 100 PLN

This treatment can be extended to include
toenail shaping and care | 30 min | 40 PLN

ADDITIONAL SERVICES FOR MANICURE / PEDICURE:

- Classic Polish Application.
20 min. | 30 PLN
- Gel Polish Application.
20 min. | 50 PLN
- Gel Polish Removal.
20 min. | 30 PLN

Nail polishing is an add-on service to a manicure
or pedicure and is not performed separately.

CHI YANG MOISTURIZING HAND TREATMENT

A scrub and mask restore hydration
and regenerate rough, dry skin on the hands.
25 min. | 109 PLN



Great fun for kids (5–12)



COLORFUL CRAYONS

A fun manicure with colorful polish.
up to 20 min. | 49 PLN



CHOCOLATE MOUSSE

A back and leg massage with real chocolate.
20 min. | 80 PLN



FRUIT SORBET

A back and leg massage
with fruit-scented butter.
20 min. | 80 PLN



BUTTERFLY TOUCH

A gentle face massage with soft brushes.
20 min. | 80 PLN



MASK LAB

KLAPP

A treatment tailored to young skin's needs:
it nourishes, moisturizes, and regulates sebum
production.
50 min. | 270 PLN



CAVITATION PEELING

A gentle scrub combined with an ampoule
and algae mask.
45 min. | 220 PLN



KARITE WRAP

A relaxing massage using shea butter.
50 min. | 260 PLN 25 min. | 170 PLN



Moments Together – Package

Treatments performed simultaneously in the same room.

Parent - relaxing back massage

Child - a selected massage from our children's offer

25 min. | 209 PLN

Health Zone

MUD WRAP

20 min. | 50 PLN

SOLLUX LAMP

15 min. | 30 PLN

LOCAL CRYOTHERAPY

3-4 min. 35 PLN



Spa Etiquette and Useful Information

Voucher

A voucher is an open ticket to an oasis of peace and relaxation. Choose an amount or a specific treatment from our offer to give a unique gift to loved ones, colleagues, or business partners. Please ask for details at the SANDSPA reception.

Reservations and Payment Methods

We recommend booking your treatments in advance to avoid disappointment. To make an appointment, please call us: +48 94 353 42 40 (from your room: 240) or email us: spa@royaltulipsand.pl. The given prices are gross prices in PLN. SANDSPA reserves the right to change prices.

Your Visit

To ensure a comfortable experience, please arrive at SANDSPA approximately 10 minutes before your scheduled treatment. This allows time to calmly fill out the consultation form. If you arrive late, your treatment may be shortened without a reduction in price.

What to Wear

Hotel guests are asked to arrive at SANDSPA in their bathrobe and hotel slippers. We also ask that you come to the SPA without valuables or jewelry, which you will be asked to remove before the treatment. SANDSPA is not responsible for jewelry or other valuable items lost or left in the treatment room.

Health Considerations

Before your treatment, we will ask you to fill out a confidential questionnaire regarding your health and lifestyle. If you are unsure about any health contraindications, please consult your doctor and bring a medical certificate with you. During the consultation with your therapist, please inform them of any ailments or health concerns so they can select the most appropriate treatment for you.

Pregnancy and Postpartum

When booking, please provide all necessary information regarding your pregnancy so that we can recommend a suitable and safe treatment.

Spa Etiquette and Useful Information



SANDSPA Etiquette

SANDSPA is a zone of peace and relaxation. Therefore, we kindly ask that you switch off or silence your mobile phone before entering the SPA.

Cancellations

We understand that plans can change. You may cancel your reservation without charge up to 12 hours before your scheduled treatment. For cancellations made 12 hours or less before the scheduled appointment, SANDSPA reserves the right to charge 50% of the treatment value.



Treatments for women during and after pregnancy
WE DO NOT PERFORM TREATMENTS DURING
THE FIRST TRIMESTER OF PREGNANCY



Treatments for children (5-12) and teens (12-16)
are performed in the presence of a parent or guardian.

The SPA reserves the right for an employee to stop a treatment in the event of inappropriate guest behavior (e.g., aggression, sexual advances). The treatment will be considered completed.

Spa Etiquette and Useful Information

Children and Teenagers

Treatments offered at SANDSPA are available to guests aged 18 and over. Treatments for children aged 5-12 are performed only in the presence of their legal guardians. An appropriate qualification questionnaire must be completed before the treatment begins.

Guests During and After Cancer Treatment

Guests who are currently undergoing or have completed cancer treatment are required to present a medical certificate confirming no contraindications to their selected massage or facial treatment.

Home Spa

To enhance and prolong the effects of your SANDSPA treatment, you may purchase retail products to continue your spa therapy at home. Your therapist will provide a complimentary recommendation for proper home care and product selection to best suit your skin's needs.



The logo for SAND SPA is centered on a light beige background with subtle, wavy horizontal lines. The text "SAND" is positioned above "SPA", both in a dark green, serif typeface. The letters are closely spaced, with the 'A's in both words sharing a common vertical stroke. The entire logo is enclosed within a thin, dark green square border.

SAND
SPA

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